# NATIONAL END OF LIFE SURVEY QUESTIONNAIRE



#### What is the survey about?

The National End of Life Survey is a nationwide survey asking bereaved relatives about the care provided to their loved one in the last days of their life. The purpose of the survey is to learn from people's experiences of end of life care in order to improve the services provided both to people who are dying, and to their loved ones.

#### Why did I get this questionnaire?

You got this questionnaire because you registered the death of a family member or friend between 1 September and 31 December 2022.

#### Can I do the questionnaire online?

Yes, please go to survey.yourexperience.ie to complete the survey online.

#### Can I ask someone to help me fill in the questionnaire?

Yes, you may wish to ask someone to help you answer some of the questions. Alternatively, you may pass the survey on to the person who knows most about the care provided to the person who has died.

Thank you for completing the survey. If you have any questions about the survey, please call our Freephone number on 1800 314 093 (Monday-Friday, 9am-5pm), visit www.yourexperience.ie or email us at info@yourexperience.ie.

To opt out of this survey, please call the Freephone number on **1800 314 093** or go to our website **www.yourexperience.ie**.

Your answers will remain anonymous and confidential, and will not affect your future care in any way.

**Survey Code:** 

Improving care experiences together









#### **Completing the questionnaire**

- As you go through the questionnaire, please follow the instructions and answer the questions by ticking  $\square$  the most appropriate box (or boxes) using a black or blue pen.
- Don't worry if you make a mistake; just fill in the box and put a tick ☑ in the correct box or boxes.
- There is space at the end of the questionnaire for your written comments.
- Please do not write your name or address anywhere on the questionnaire.
- The questionnaire takes about 30 minutes to complete.
- The term 'healthcare staff' is used to refer to all staff working in this setting, which may include: care workers, healthcare assistants, doctors, nurses, social workers, physiotherapists, etc.
- Please fill in as much of the questionnaire as you can. If, however, you find that some of the questions bring back upsetting memories, please feel free to skip them.
- If the questionnaire raises issues that you would like to talk about, please contact the bereavement support services for further support, advice and information. An information leaflet on these services is included with this questionnaire.
- If you have been impacted by any issues with regard to end-of-life care and would like information or support, or if you would like to provide feedback on the care provided to your loved ones, you can do so by contacting the Patient Advocacy Service on 0818 293 003 or at info@patientadvocacyservice.ie. For more information, please visit patientadvocacyservice.ie.

This survey is being carried out by the Health Information and Quality Authority (HIQA), the Health Service Executive (HSE) and the Department of Health. Your feedback is very important and will help us to identify what is working well and areas for improvement. The results from this survey may also be analysed by other researchers for this purpose.

Thank you again for completing the survey.

# **SECTION 1: BACKGROUND INFORMATION**

Q3.

died?

How long had they been ill before they

# 1.1 Background information

Q1.	Wha	at was your relationship to the	'	1	They were n suddenly		they died GO TO Q103.			
•		son who died?		2	Less than 24		•			
	1	Husband/wife/civil partner/ partner		3	One day or more, but less than one week					
	2	Son/daughter		4	One week or more, but less than one month					
	3	Brother/sister  Parent		5	One month of	or more	e, but less than			
						or more	, but less than			
	5	Other relative		6	one year	, ,,,,,,,	, suc less than			
	6	Friend/neighbour		7	One year or	more				
	¬□ Staff in care home									
	Warden (sheltered accommodation)		Q4a.	for a	they spend ar	-	_			
	9	Other:		mor	ths of life?					
			]	1	Yes		→ GO TO Q4b.			
Q2.	pers	question is about the illnesses the son who died had in the last days hours of their life.	-	2	No, they we hospital, hos nursing hom residential c for the whol months	spice, ie or a are faci	•			
	-	ase tick ALL the illnesses they had ne last days of life.)	Q.4b	Please write the name of the town/village and county where they						
	1	Cancer (including leukaemia and lymphoma)			e cared for at n/village:	home:				
	2	COVID-19								
	3	Dementia		Cou	nty:					
	4	Heart condition (e.g. heart failure)		1	Carlow	14	Longford			
	5	Influenza or pneumonia		2	Cavan	15	Louth			
	6	Lung condition (e.g. COPD)		3	Clare	16	Mayo			
		(-0		4 5	Cork Donegal	17	Meath Monaghan			
	-1 1	Neurological condition (including		5	_	18	Offaly			
	7	Neurological condition (including stroke, motor neuron disease)		ر ا	Duhlin	10				
	8			6 7	Dublin Galway	19	Roscommon			
	_	stroke, motor neuron disease)		_		_	•			
	8	stroke, motor neuron disease) End stage renal (kidney) disease		7	Galway	20	Roscommon			
	8 <u> </u>	stroke, motor neuron disease) End stage renal (kidney) disease Don't know		7	Galway Kerry	20	Roscommon Sligo			
	8 <u> </u>	stroke, motor neuron disease) End stage renal (kidney) disease Don't know		7	Galway Kerry Kildare	20	Roscommon Sligo Tipperary			
	8 <u> </u>	stroke, motor neuron disease) End stage renal (kidney) disease Don't know		7	Galway Kerry Kildare Kilkenny	20	Roscommon Sligo Tipperary Waterford			

#### 2.1 Care at home

The following questions are about care received in the <b>last three months of life</b> at home. Please note that there are questions later in the questionnaire specifically related to care in the last two days of life.
If your relative or friend did not spend any time at home in the last three months of the life please go to Q22a.

eir When your relative or friend was at Q5. home in the last three months of their life, did they get care and support at home from any of the services listed below? These may be provided by different organisations, such as voluntary organisations, a private agency or the **HSE.** (Tick all that apply) A public health nurse (sometimes □ called a PHN, district nurse or community nurse) A paid carer (sometimes called home help or a care assistant) A community palliative care nurse ₃☐ (sometimes called a homecare nurse, or hospice nurse) <sup>4</sup> A nurse at night A GP (general practitioner/family doctor) <sub>6</sub> Social worker <sub>7</sub> □ Pharmacist <sub>9</sub> Physiotherapist They did not receive care and support →GO TO Q22a. from these services □ Don't know →GO TO Q22a.

Q6.	hon nurs as t	the last three months of their life, if ar relative or friend required a me visit from the public health rsing team (sometimes referred to the PHN, district nurse or mmunity nurse) were they available visit?			
	1	Yes, always			
	2	Yes, sometimes			
	3	No			
	4	They did not need a from the public heal team			
	5	Don't know	→GO TO Q8.		
Q7.	with	rall, did you feel the n respect and dignity lth nurse?	•		
	1	Yes, always			
	2	Yes, sometimes			
	3	No			
	4	They did not see the nurse	public health		
Q8.	In ti	•	of their life, if		
Q8.	In ti	nurse  he last three months r relative or friend re ne visit from their GP ilable to visit?	of their life, if		
Q8.	In the you hon avai	nurse  he last three months r relative or friend re ne visit from their GP ilable to visit?  Yes, always	of their life, if		
Q8.	In the your hon avai	nurse  he last three months r relative or friend re ne visit from their GP ilable to visit?  Yes, always Yes, sometimes	of their life, if		
Q8.	In the your hon avair	nurse  he last three months r relative or friend re ne visit from their GP ilable to visit?  Yes, always Yes, sometimes	of their life, if equired a , were they		
Q8.	In the your hon avairable	nurse  he last three months r relative or friend re he visit from their GP ilable to visit?  Yes, always Yes, sometimes No They did not need a	of their life, if equired a , were they		

Q9.	Overall, did you feel your relative or friend was treated with respect and dignity by their GP in the last three months of their life?	Q12.	Did someone from a hospice, community palliative care team, or any other specialist palliative care service <u>visit them at home</u> in the last three months of their life?				
	¹□ Yes, always						
	<sup>2</sup> ☐ Yes, sometimes		ı□ Yes				
	₃□ No		<sup>2</sup> No, this was not needed				
	□ They did not see their GP		₃☐ No, this was not offered				
	□ Don't know		□ Don't know				
Q10.	If your relative or friend wanted to talk to the GP about their condition, treatment or tests, did they have an opportunity to do so?  1 Yes, definitely	Q13.	While at home, did healthcare staff help and support them with accessing additional equipment for their home, or making minor adaptations to their home?				
	<sup>2</sup> ☐ Yes, to some extent		¹□ Yes, definitely				
			<sup>2</sup> □ Yes, to some extent				
	₃□ No		₃□ No				
	They did not want to talk to the GP  □ Don't know		They did not need additional  □ equipment or adaptations to the home				
Q11.	In the last three months of their life, if		₅□ Don't know				
QII.	your relative or friend required a home visit from the GP or GP out of hours service for help with urgent problems outside of normal working hours (after 5pm, at night and weekends) were they available to	Q14.	While at home, if they experienced pain, did healthcare staff do everything they could to relieve it?  1 Yes, definitely				
	visit?		<sup>2</sup> □ Yes, to some extent				
	¹□ Yes, always		₃□ No				
	<sup>2</sup> □ Yes, sometimes		□ They did not have any pain				
			, , , , ,				
	They did not need a home visit  d☐ from their GP (family doctor) or the GP out of hours service						
	₅□ Don't know						

Q15.	While at home, if they experienced symptoms other than pain (such as nausea, constipation, breathing difficulties or restlessness), did healthcare staff do everything they could to relieve them?  1 Yes, definitely 2 Yes, to some extent		Q19.	) 	ou	have thca Yes	e coi	nfide taff ays	ence treat	and	l tru	st in	e, did the
	3☐ No 4☐ They did not need help with this	(	Q20.	S	taf	giv	e <u>yo</u>	<u>u</u> en	did to ough	n he	lp a	thcar nd	e
Q16.	While at home, did healthcare staff help and support them with their emotional needs (e.g. feeling worried, feeling anxious, feeling low, etc.)?			2		Yes No		some	e ext				
	<ul><li>¹□ Yes, definitely</li><li>²□ Yes, to some extent</li></ul>						d not n't kr		ed he	elp v	vith	this	
	No  In they did not need help with this  Don't know	- (	Q21.	y f	oui ron	rela n hea	ative	or f	rien staf	d go	t at	the hom	
Q17.	While at home, if they needed help from healthcare staff, did they get it as soon as they needed it?  1 Yes, always	,	They receiv very <b>I</b> care	ved	ļ	ase (	circle	e a n	umb	er)			They ceived good care
	<sup>2</sup> □ Yes, sometimes		_	L	2	3	4	5	6	7	8	9	10
	₃□ No			<u>.</u>									
	They did not need any help from healthcare staff												
Q18.	Overall, while they were at home, did healthcare staff answer any questions you had in a way that you could understand?												
	¹□ Yes, always												
	<sup>2</sup> □ Yes, sometimes												
	₃□ №												
	₄□ I didn't have any questions												

# 2.2 Care in a nursing home /residential care facility

The following questions are about care provided in a residential care facility, nursing home or long stay care setting during the **last** three months of life. If your relative or friend did not spend any time in one of these settings in the last three months of their life please go to Q35a.

did not spend any time in one of these settings in the last three months of their life please go to Q35a.  Please note that there are questions later in the questionnaire specifically related to care in the last two days of life.						
Q22a.	Did your relative or friend stay in a nursing home/residential care facility at any time during the last three months of their life?					
	1		v stayed in esidential c	_		
	2	No	$\rightarrow$	GO TO Q35a.		
	з 🗌	Don't kn	ow <del>&gt;</del>	GO TO Q35a.		
	cour belo Nam	nty it is lo	ntial care fa cated in th ng home/r	•		
	Cour	nty:				
	1	Carlow	14	Longford		
	2	Cavan	15	Louth		
	3	Clare	16	Mayo		
	4	Cork	17	Meath		
	5	Donegal	18	Monaghan		
	6	Dublin	19	Offaly		
	7	Galway	20	Roscommon		
	8	Kerry	21	Sligo 		
	9	Killare	22	Tipperary		
	10	Kilkenny Laois	23	Waterford Westmeath		
	11	Laois Leitrim	24	Wexford		

13☐ Limerick

Q23.	How long had they stayed in a nursing home/residential care facility before
	they died?
	ı□ Less than one week
	<sup>2</sup> ☐ One to four weeks
	₃☐ Five to 12 weeks
	<sup>4</sup> ☐ Longer than 12 weeks
Q24.	During their stay in the nursing home/residential care facility, if they experienced pain, did healthcare staff do everything they could to relieve it?
	<sup>1</sup> □ Yes, definitely
	<sup>2</sup> ☐ Yes, to some extent
	₃□ No
	₄☐ They did not have any pain
	₅□ Don't know
	home/residential care facility, if they experienced symptoms other than pain (such as nausea, constipation, breathing difficulties or restlessness), did healthcare staff do everything they could to relieve them?
	experienced symptoms other than pain (such as nausea, constipation, breathing difficulties or restlessness), did healthcare staff do everything
	experienced symptoms other than pain (such as nausea, constipation, breathing difficulties or restlessness), did healthcare staff do everything they could to relieve them?
	experienced symptoms other than pain (such as nausea, constipation, breathing difficulties or restlessness), did healthcare staff do everything they could to relieve them?  1 Yes, definitely
	experienced symptoms other than pain (such as nausea, constipation, breathing difficulties or restlessness), did healthcare staff do everything they could to relieve them?  1 Yes, definitely 2 Yes, to some extent
	experienced symptoms other than pain (such as nausea, constipation, breathing difficulties or restlessness), did healthcare staff do everything they could to relieve them?  1 Yes, definitely 2 Yes, to some extent 3 No
Q26.	experienced symptoms other than pain (such as nausea, constipation, breathing difficulties or restlessness), did healthcare staff do everything they could to relieve them?  1 Yes, definitely 2 Yes, to some extent 3 No 4 They did not have any symptoms
Q26.	experienced symptoms other than pain (such as nausea, constipation, breathing difficulties or restlessness), did healthcare staff do everything they could to relieve them?  1 Yes, definitely 2 Yes, to some extent 3 No 4 They did not have any symptoms 5 Don't know  During their stay in the nursing home/residential care facility, did healthcare staff help and support them with their emotional needs (e.g. feeling worried, feeling anxious,
Q26.	experienced symptoms other than pain (such as nausea, constipation, breathing difficulties or restlessness), did healthcare staff do everything they could to relieve them?  1 Yes, definitely 2 Yes, to some extent 3 No 4 They did not have any symptoms 5 Don't know  During their stay in the nursing home/residential care facility, did healthcare staff help and support them with their emotional needs (e.g. feeling worried, feeling anxious, feeling low etc.)?
Q26.	experienced symptoms other than pain (such as nausea, constipation, breathing difficulties or restlessness), did healthcare staff do everything they could to relieve them?  1 Yes, definitely 2 Yes, to some extent 3 No 4 They did not have any symptoms 5 Don't know  During their stay in the nursing home/residential care facility, did healthcare staff help and support them with their emotional needs (e.g. feeling worried, feeling anxious, feeling low etc.)?  1 Yes, definitely
Q26.	experienced symptoms other than pain (such as nausea, constipation, breathing difficulties or restlessness), did healthcare staff do everything they could to relieve them?  1 Yes, definitely 2 Yes, to some extent 3 No 4 They did not have any symptoms 5 Don't know  During their stay in the nursing home/residential care facility, did healthcare staff help and support them with their emotional needs (e.g. feeling worried, feeling anxious, feeling low etc.)?  1 Yes, definitely 2 Yes, to some extent

26 Wicklow

Q27.	During their stay in the nursing home/residential care facility, did healthcare staff support them to do things they wanted to do (for example, participate in special family events, see a pet, etc.)?	Q31.	During their stay in the nursing home/residential care facility, did you feel welcome to visit at any time?  1 Yes, always
	¹□ Yes, definitely		<sup>2</sup> ☐ Yes, sometimes
	₂□ Yes, to some extent		₃□ No
	₃☐ No		I wasn't allowed due to visiting
	₄☐ They did not need support		restrictions
	₅□ Don't know	Q32.	During their stay in the nursing
Q28.	During their stay in the nursing home/residential care facility, did healthcare staff help them with		home/residential care facility, did you have confidence and trust in the healthcare staff treating them?
	urgent problems outside of normal working hours (after 5pm, at night		¹□ Yes, always
	and weekends)?		<sup>2</sup> □ Yes, sometimes
	<sup>1</sup> ☐ Yes, definitely		₃☐ NO
	<sup>2</sup> Yes, to some extent		
	э□ No	Q33.	Overall, during their stay in the
	□ They did not need help with this		nursing home/residential care facility, did you feel they were treated with
	₅□ Don't know		respect and dignity by healthcare staff?
Q29.	During their stay in the nursing		
	home/residential care facility, if they needed help from healthcare staff,		¹□ Yes, always
	did they get it as soon as they needed		<sup>2</sup> Yes, sometimes
	it?		₃□ No
	¹□ Yes, always		
	<sup>2</sup> ☐ Yes, sometimes	Q34.	Overall, how would you rate the care
	₃☐ No		your relative or friend received from healthcare staff in the nursing
	₄□ Don't know		home/residential care facility?
Q30.	During their stay in the nursing home/residential care facility, did healthcare staff answer your questions in a way that you could	They receive very <b>p</b>	
	understand?	care	care
	<sup>1</sup> ☐ Yes, completely	0 1	2 3 4 5 6 7 8 9 10
	$_{2}\square$ Yes, to some extent		
	з□ No		
	□ I didn't have any questions		

# 2.3 Care in an acute hospital

The following questions are about care in an acute hospital (this is a hospital that usually has an emergency department or an urgent care centre, and provides services for inpatients, outpatients and day-case treatments). If your relative or friend did not spend any time in an acute hospital in the last three months of their life please go to Q48a. The questions that follow in this section are about care during your relative or friend's last hospital stay. Please note that there are questions later in the questionnaire specifically related to care in the last two days of life.

				<i>,</i>	
Q35a.	Did your relative or friend stay in an acute hospital at any time during the last three months of their life?				
	1	Yes, they sta hospital	yed in	an acute	
	2	No	$\rightarrow$	GO TO Q48a.	
	3	Don't know	$\rightarrow$	GO TO Q48a.	
Q35b.		ase write the i			
	Nan	ne of acute ho	spital:		
	Cou	nty:			
	1	Carlow	14	Longford	
	2	Cavan	15	Louth	
	3	Clare	16	Mayo	
	4	Cork	17	Meath	
	5	Donegal	18	Monaghan	
	6	Dublin	19	Offaly	
	7	Galway	20	Roscommon	
	8	Kerry	21	Sligo	
	9	Kildare	22	Tipperary	
	10	Kilkenny	23	Waterford	
	11	Laois	24	Westmeath	
	12	Leitrim	25	Wexford	
	13	Limerick	26	Wicklow	

Q36.	How	long was their last hospital stay?
	1	Less than one week
	2	One to four weeks
	3	Five to 12 weeks
	4	Longer than 12 weeks
Q37.	hosı inclu	many times had they been in pital in the last three months uding the last admission to pital?
	1	Once
	2	Twice
	3	Three or more times
	4	Not sure
Q38.	they staf	ing their last stay in hospital, if a experienced pain, did healthcare f do everything they could to eve it?
	1	Yes, definitely
	2	Yes, to some extent
	3	No
	3 4	No They did not have any pain
Q39.	Duri they thar cons	They did not have any pain
Q39.	Duri they thar cons	They did not have any pain  Don't know  Ing their last stay in hospital, if y experienced symptoms other in pain (such as nausea, stipation, breathing difficulties or lessness), did healthcare staff do
Q39.	Duri they thar cons rest ever	They did not have any pain  Don't know  Ing their last stay in hospital, if a experienced symptoms other in pain (such as nausea, stipation, breathing difficulties or lessness), did healthcare staff do rything they could to relieve them?
Q39.	Duri they than cons rest ever	They did not have any pain  Don't know  Ing their last stay in hospital, if y experienced symptoms other in pain (such as nausea, stipation, breathing difficulties or lessness), did healthcare staff do rything they could to relieve them?  Yes, definitely
Q39.	Duri they thar cons rest ever	They did not have any pain Don't know  Ing their last stay in hospital, if y experienced symptoms other in pain (such as nausea, stipation, breathing difficulties or lessness), did healthcare staff do rything they could to relieve them?  Yes, definitely  Yes, to some extent

Q40.	During their last stay in hospital, did healthcare staff help and support them	Q44.	During their last stay in hospital, did you feel welcome to visit at any time?						
	with their emotional needs (e.g. feeling worried, feeling anxious,		¹□ Yes, always						
	feeling low, etc.)?		<sup>2</sup> □ Yes, sometimes						
	¹□ Yes, definitely		₃□ No						
	<sup>2</sup> □ Yes, to some extent		₄□ Not applicable						
	₃□ No		☐ I wasn't allowed due to visiting						
	□ They did not need help with this		restrictions						
	₅□ Don't know								
Q41.	During their last stay in hospital, did healthcare staff provide enough help with urgent problems outside of normal working hours (after 5pm, at	Q45.	During their last stay in hospital, did you have confidence and trust in the healthcare staff treating them?  1 Yes, always						
	night and weekends)?		<sup>2</sup> ☐ Yes, sometimes						
	¹□ Yes, definitely		₃□ No						
	<sup>2</sup> □ Yes, to some extent								
	₃□ No	Q46.	Overall, during their last stay in						
	□ They did not need help with this		hospital, did you feel they were						
	₅□ Don't know		treated with respect and dignity by healthcare staff?						
Q42.	During their last stay in hospital, if they needed help from healthcare		¹□ Yes, always						
	staff, did they get it as soon as they		<sup>2</sup> □ Yes, sometimes						
	needed it?		₃□ No						
	¹□ Yes, always								
	<sup>2</sup> ☐ Yes, sometimes	Q47.	Overall, how would you rate the care your relative or friend received in the						
	₃□ No		hospital?						
	□ They did not need help		(Please circle a number)						
	₅□ Don't know	They	They						
Q43.	During their last stay in hospital, did healthcare staff answer your questions	receiv very <b>p</b> care							
	in a way that you could understand?	0 1	2 3 4 5 6 7 8 9 10						
	¹□ Yes, completely								
	Yes, to some extent								
	₃ No								
	□ I didn't have any questions								
	□ I wasn't there								

# 2.4 Care in a hospice

The following questions are about the care provided to people who stayed in a hospice in the **last three months of their life**. If your relative or friend did not spend any time in a hospice in the last three months of their life please go to Q61.

The questions are about care during their last hospice stay. Please note that there are questions later in the questionnaire specifically related to care in the last two days of life.

Q48a.	Did your relative or friend stay in a hospice at any time during the last three months of their life?					
	1	Yes				
	2	No	ightarrow GO TO Q61.			
	3	Don't know	$\rightarrow$ GO TO Q61.			
Q48b.	Wh	ich hospice did	they stay at?			
	1	Donegal Hospic	9			
	2	Galway Hospice	Foundation			
	3	Kerry Hospice				
	4	Marymount Uni Hospice, Cork	versity Hospital and			
	5	Mayo Hospice				
	6	Milford Care Ce	ntre, Limerick			
	7	North West Hos	pice, Sligo			
	8	Our Lady's Hosp Hospice, Dublin	ice - Blackrock			
	9	Our Lady's Hosp Hospice	ice - Wicklow			
	10	Our Lady's Hosp Dublin	ice - Harold's Cross,			
	11	South East Pallia Waterford	ative Care Centre,			
	12	St Brigid's Hospi	ce, Kildare			
	13	St Francis Hospi Dublin	ce, Blanchardstown,			
	14	St Francis Hospi	ce, Raheny, Dublin			

Q49.	Hov	v long was their last hospice stay?					
	1	Less than one week					
	2	One to four weeks					
	3	Five to 12 weeks					
	4	Longer than 12 weeks					
Q50.	ехр	During their stay in the hospice, if they experienced pain, did healthcare staff do everything they could to relieve it?					
	1	Yes, definitely					
	2	Yes, to some extent					
	3	No					
	4	They did not have any pain					
	5	Don't know					
Q51.	ехр	ing their stay in the hospice, if they erienced symptoms other than (such as nausea, constipation,					
	brea did	athing difficulties or restlessness), healthcare staff do everything they ld to relieve them?					
	brea did	athing difficulties or restlessness), healthcare staff do everything they					
	brea did cou	athing difficulties or restlessness), healthcare staff do everything they ld to relieve them?					
	breadid coul	athing difficulties or restlessness), healthcare staff do everything they ld to relieve them?  Yes, definitely					
	breadid coul	thing difficulties or restlessness), healthcare staff do everything they ld to relieve them?  Yes, definitely  Yes, to some extent					
	breadid coul	athing difficulties or restlessness), healthcare staff do everything they ld to relieve them?  Yes, definitely  Yes, to some extent  No					
Q52.	breadid coul  1	Athing difficulties or restlessness), healthcare staff do everything they ld to relieve them?  Yes, definitely Yes, to some extent No They did not have any symptoms					
Q52.	breadid coul  1	thing difficulties or restlessness), healthcare staff do everything they ld to relieve them?  Yes, definitely  Yes, to some extent  No  They did not have any symptoms  Don't know  ing their stay in the hospice, did lthcare staff help and support m with their emotional needs (e.g. ing worried, feeling anxious,					
Q52.	breadid coul coul Durheather feel	thing difficulties or restlessness), healthcare staff do everything they ld to relieve them?  Yes, definitely Yes, to some extent No They did not have any symptoms Don't know  ing their stay in the hospice, did lthcare staff help and support m with their emotional needs (e.g. ing worried, feeling anxious, ing low, etc.)?					
Q52.	breadid coul  coul  Dur head there feel feel	athing difficulties or restlessness), healthcare staff do everything they ld to relieve them?  Yes, definitely  Yes, to some extent  No  They did not have any symptoms  Don't know  ing their stay in the hospice, did lthcare staff help and support m with their emotional needs (e.g. ing worried, feeling anxious, ing low, etc.)?  Yes, definitely					
Q52.	breadid coul  coul  Dur head their feel feel  coul	athing difficulties or restlessness), healthcare staff do everything they ld to relieve them?  Yes, definitely  Yes, to some extent  No  They did not have any symptoms  Don't know  ing their stay in the hospice, did lthcare staff help and support m with their emotional needs (e.g. ing worried, feeling anxious, ing low, etc.)?  Yes, definitely  Yes, to some extent					

Q53.	heal thin	ing their stay in the hospice, did thcare staff support them to do gs they wanted to do (for example, icipate in special family events,	Q5	7.	hea	ing tl Ithca way	re st	aff a	nsw	er yo	our q	uest	ions
	see a pet etc.)?				<sup>1</sup> ☐ Yes, completely								
	1	Yes, definitely			2	Yes	, to s	ome	exte	ent			
	2	Yes, to some extent			3	No							
	3	No			4	I di	dn't	have	any	que	stion	S	
	4	They did not need support											
	Q58. During their stay in the you have confidence a healthcare staff treati			nce a	and t	rust	in th						
Q54.		ing their stay in the hospice, did thcare staff provide help with			1	Yes	, alw	ays					
		ent problems outside of normal			2			netin	nes				
		king hours (after 5pm, at night and kends)?			3	No							
	1	Yes, definitely											
	2	Yes, to some extent	Q5	9.		rall, pice.		_		-			
	3	No			hospice, did you feel they were treated with respect and dignity be					y			
	4	They did not need help with this			hea	lthca	re st	aff?					
	5	Don't know			1	Yes	, alw	ays					
Q55.	nee	ing their stay in the hospice, if they ded help from healthcare staff, did get it as soon as they needed it?			3	Yes No	, son	netin	nes				
	1	Yes, always	Q6	0.	•								
	2	Yes, sometimes			your relative or friend receive hospice?		eive	d in t	he				
	3	No			(Ple	ase c	ircle	a nı	ımbe	er)			
	4	They did not need help	The	ev								7	Γhey
	5	Don't know	rec	eive								rece	ived
056	D		ver car	у <b>р</b> ( е	oor						V	ery g	care
Q56.		ing their stay in the hospice, did feel welcome to visit at any time?	0	1	2	3	4	5	6	7	8	9	10
	1	Yes, always				···							
	2	Yes, sometimes											
	3	No											
	4	I wasn't allowed due to visiting restrictions											

# 2.5 Overall care in the last three months of life

The following questions are about the care provided during the **last three months of life**. Please note that there are questions later in the questionnaire specifically related to care in the last two days of life.

Q61.	life, supp frier (thir or a	ing the last three months of their did healthcare staff provide port to meet your relative or nd's religious or spiritual needs ngs like talking, praying, quiet time ccess to a religious or spiritual ler)?
	1	Yes, always
	2	Yes, sometimes
	3	No
	4	They did not need support with this
	5	Don't know
Q62.	life, they	ing the last three months of their were they involved as much as wanted to be in decisions about r care?
	1	Yes, definitely
	2	Yes, to some extent
	3	No
	4	They did not want to be involved or were not able to be involved
	5	Don't know

Q63.	During the last three months of their life, did healthcare staff help and support them with family worries or concerns (caring for someone else in the family or help with difficult conversations)?					
	1	Yes, definitely				
	2	Yes, to some extent				
	3	No				
	4	They did not need help with this				
	5	Don't know				
Q64.	coor serv	you feel that there was good rdination between different ices (e.g. GP, hospital or hospice) healthcare staff who cared for m in the last three months of their				
	1	Yes, definitely				
	2	Yes, to some extent				
	3	No				
	4	Not relevant to our situation				
	5	Don't know				

Q67. During the last two days of their life,

were you offered...

# 3.1 Experience of care in the last two days of life

	tw	o days of life			(Tic	k all that apply)
		ng questions are about the of care in the last two days of life.			1	A family room with adequate peace and privacy for you to meet with healthcare staff
reflect	on t	tand that it may be difficult to his experience and we appreciate the time to answer the questions.			2	A family room with tea and coffee making facilities
If you had no contact with your relative or friend in the last two days of life, please go to Q101.					3	The option to visit at any time, including outside of regular visiting hours
Q202.					4	The option to stay overnight
Q65.		ing the last two days of their life,			5	I was not offered any of these
	was	your relative or friend cared for:			6	Does not apply to our situation
	1	At home or in the home of a family member or friend.	_			
	2	In a nursing home/residential care facility		Q68.	the	ing the last two days of their life, if y experienced pain, did healthcare f do everything they could to
		In an acute hospital (a hospital				eve it?
		that has an emergency department, or urgent care centre			1	Yes, definitely
	3	and provides services for			2	Yes, to some extent
		inpatients, outpatients and day- case treatments)			3	No
	4	In a hospice			4	They did not have any pain
	5	Somewhere else			5	Don't know
		I had no contact with my relative				
	6	or friend in the last two days of life → GO TO Q101.	_	Q69.	the	ing the last two days of their life, if y experienced symptoms other n pain (such as nausea,
Q66.	did the bed area and surround environment have adequate properties.				con: rest	stipation, breathing difficulties or lessness), did healthcare staff do rything they could to relieve them?
		them?			1	Yes, definitely
	1	Yes, definitely			2	Yes, to some extent
	2	Yes, to some extent			3	No
	3	No I was not with them in the last two			4	They did not have any symptoms
	4	days				

□ Does not apply to our situation

Q70.	did l ther feel	ing the last two days of their life, healthcare staff help and support m with their emotional needs (e.g. ling worried, feeling anxious, ling low etc.)?	Q73.	During the last two days of their life, was there enough help available to meet their personal care needs (such as washing, dressing and toileting)?				
	1	Yes, definitely		1	Yes, definitely			
	2	Yes, to some extent		2	Yes, to some extent			
				3	No			
	4	No They did not need help with this		4	They did not need help with personal care needs			
	5	Don't know	Q74.	Dur	ing the last two days of their life,			
Q71.	did i mee (thir	ing the last two days of their life, healthcare staff provide support to et their religious or spiritual needs ngs like talking, praying, quiet time ccess to a religious or spiritual ler)		was there enough help with nursing care, such as giving medicine and helping them find a comfortable position in bed?  1 Yes, definitely 2 Yes, to some extent				
	1	Yes, always		₃□	No			
	2	Yes, sometimes		4□	Don't know			
	3	No						
	4	They did not need help with this	Q75.	Dur	ing the last two days of their life,			
	5	Don't know		pall	a member of the hospice, iative care team, or any other cialist palliative care service, visit			
Q72.	During the last two days of their life, did they get enough help from healthcare staff to eat or drink?  1 Yes, always			then				
	2	Yes, sometimes						
	3	No	Q76.	Dur	ing the last two days of their life,			
	4	They did not want help			you feel that there was good rdination between the healthcare			
	5	They were not able to eat or drink		staf				
	6	Don't know		1	Yes, definitely			
				2	Yes, to some extent			
				3	No			

□ Don't know

Q77.	During the last two days of their life, was there adequate support to meet their needs outside of normal working hours (after 5pm, at night and at	Q80.	During the last two days of their life, did you have confidence and trust in the <u>nurses</u> who cared for them?				
	weekends)?		¹□ Yes, always				
	¹□ Yes, always		<sup>2</sup> ☐ Yes, sometimes				
	<sup>2</sup> □ Yes, sometimes		₃□ No				
	₃□ No		□ Does not apply to our situation				
	₄□ Don't know						
Q78.	During the last two days of their life,	Q81.	During the last two days of their life, did you have confidence and trust in the doctors who cared for them?				
	do you think your relative or friend was involved as much as they wanted		¹□ Yes, always				
	to be in decisions about their care and treatment?		<sup>2</sup> ☐ Yes, sometimes				
			₃□ No				
	Yes, definitely		□ Does not apply to our situation				
	<sup>2</sup> ☐ Yes, to some extent						
	₃□ No	Q82.	During the last two days of their life,				
	They were not able to be involved in decisions at this time		did healthcare staff treat them with kindness and compassion?				
	□ Don't know		¹□ Yes, always				
			<sup>2</sup> ☐ Yes, sometimes				
Q79.	During the last two days of their life, did healthcare staff discuss with you		₃□ No				
	the level of treatment and care and its appropriateness (in terms of medical interventions and their illness) that		□ Does not apply to our situation				
	your relative or friend would receive?	Q83.	Overall, during the last two days of life, did you feel that they were				
	¹□ Yes, definitely		treated with respect and dignity by				
	<sup>2</sup> □ Yes, to some extent		healthcare staff?				
	₃□ No		¹□ Yes, always				
	□ Does not apply to our situation		<sup>2</sup> ☐ Yes, sometimes				
			₃□ No				

3.2	Care experiences at the end of life	Who	In their own home or in the home of a family member or friend
Q84.	Was your relative or friend told by a healthcare professional that they were likely to die?  Yes		Name of Town:  County:
	2□ No <b>→</b> GO TO Q86.		
	₃☐ Don't know →GO TO Q86.	2	In a hospital – please write the name of the hospital below:
Q85.	In your opinion, did the healthcare professional who told them that they were likely to die break the news to them in a sensitive and caring way?		Name of hospital:  County:
	<sup>1</sup> □ Yes, definitely		
	<sup>2</sup> ☐ Yes, to some extent		In a hospice – please write the
	₃□ No	3	name of the hospice below
	□ Don't know		Name of hospice:
Q86.	Did healthcare staff talk to you about what to expect when your relative or friend was dying (for example symptoms that may arise)?		County:
	¹□ Yes <b>→</b> GO TO Q88.		In a nursing home / residential
	<sup>2</sup> □ No <b>→</b> GO TO Q87.	4	care facility – please write the name of the facility below:
	Not applicable – they died unexpectedly → GO TO Q88.		Name of nursing home:
Q87.	Would a discussion about what to expect when they were dying have been helpful?		County:
	¹ Yes	5	In an ambulance on the way to hospital / hospice → GO TO Q90.
	₂□ No	6	Somewhere else (please write below):

Q89.	(e.g	If they died in a healthcare setting (e.g. a hospital, hospice or nursing home), were they in a single room?							
	1	Yes							
	2	No							
	3	The sett	•	not	die i	n a h	ealt	hcar	e
	4	Don	't kn	ow					
Q90.		On balance, do you think that they died in the right place?							
	1	Yes							
	2	No							
	3	Not	sure	)					
Q91.	you end	rall, l r rela of th nber)	tive	or fr	iend	rece	eived	d at t	
They									Γhey
receiv poor		ery				V	rv o	rece <b>ood</b>	
	<del>-</del>		a					***************************************	
0 1	2	3	4	5	6	7	8	9	10

Q94.

Looking back over the last days of

their care and treatment?

their life, were you involved as much

as you wanted to be in decisions about

# 3.3 Your experience of care and support

The fo	llowing questions are about your		<sup>1</sup> ☐ Yes, definitely
•	ence of the care and support provided		<sup>2</sup> ☐ Yes, to some extent
-	by healthcare staff in the last days of elative or friend's life, and after they		₃□ No
died.			<sup>4</sup> ☐ Not applicable to my situation
Q92.	Looking back over the last days of their life, were you given enough emotional help and support by healthcare staff?	Q95.	During the last days of their life, did healthcare staff explain their condition and care in a way that <u>you</u> could understand?
	<sup>1</sup> □ Yes, definitely		<sup>1</sup> ☐ Yes, definitely
	<sup>2</sup> □ Yes, to some extent		<sup>2</sup> ☐ Yes, to some extent
	₃□ No		₃ No
	□ I did not need help with this		<sup>₄</sup> Not applicable to my situation
	□ Not applicable to my situation	Q96.	During the last days of their life, did you feel you had enough time to discuss their care and treatment with
Q93.	Looking back over the last days of		healthcare staff?
	their life, were you given enough help and support by healthcare staff to talk		¹□ Yes, definitely
	to children or young adults about your relative or friend's illness?		<sup>2</sup> □ Yes, to some extent
			₃□ No
	<sup>1</sup> ☐ Yes, definitely		<ul><li>₃□ No</li><li>₄□ Not applicable to my situation</li></ul>
	<sup>1</sup> ☐ Yes, definitely	Q97.	<ul> <li>Not applicable to my situation</li> <li>After your relative or friend died, did</li> </ul>
	<ul> <li>¹□ Yes, definitely</li> <li>²□ Yes, to some extent</li> </ul>	Q97.	□ Not applicable to my situation
	<ul> <li>¹□ Yes, definitely</li> <li>²□ Yes, to some extent</li> <li>³□ No</li> </ul>	Q97.	<ul> <li>₄□ Not applicable to my situation</li> <li>After your relative or friend died, did healthcare staff engage with you in a</li> </ul>
	<ul> <li>Yes, definitely</li> <li>Yes, to some extent</li> <li>No</li> <li>□ I did not need help with this</li> </ul>	Q97.	After your relative or friend died, did healthcare staff engage with you in a sensitive manner?
	<ul> <li>Yes, definitely</li> <li>Yes, to some extent</li> <li>No</li> <li>□ I did not need help with this</li> </ul>	Q97.	After your relative or friend died, did healthcare staff engage with you in a sensitive manner?  1 Yes, definitely

Q98.	Did healthcare staff give you practical information on what to do after your relative or friend died, including information on registering their death?									
	1	Yes, definitely								
	2	Yes, to some extent								
	3	No								
	4	I did not need this information								
	5	Not applicable to my situation								
Q99.	9. If you sought support after your relative or friend died, who provided that support?									
	(Tic	k all that apply)								
	1	GP/doctor								
	2	Nurse								
	3	Social worker								
	4	Pastoral care or healthcare chaplain								
	5	Bereavement counsellor								
	6	Bereavement helpline								
	7	I did not access any professional supports								
	8	Not sure								
	9	Other								
Q100.	ac ca	verall, and taking all services into count, how would you rate the re and support you received? lease circle a number)								
l recei		•								
suppo		support								
0 1	2	3 4 5 6 7 8 9 10								

### **SECTION 4: AN OVERVIEW**

# 4. Other Comments

in your	Thank you very much for taking part in this survey. We would like to give you the opportunity to tell us in your own words about the care you and the person who died received. To do this, you may like to answer the questions below. You can use the back page of the questionnaire if you need more space. Comments will be entered into a secure database after removing any information that could identify you.					
underst researcl could id	onymised feedback will be looked at by HIQA, the HSE and the Department of Health to try to and and improve experiences of health and social care at end of life. In the future, other hers may also analyse anonymised data from this survey after all personal information that entify you has been removed. We will give examples of feedback in the final survey reports to a fuller understanding of bereaved relatives' experiences.					
Q101.	Overall, what was good about the care your relative or friend received?					
Q102.	Was there anything that could have been improved?					
Q103.	Do you have any other comments or suggestions about the care your relative or friend received?					

### **SECTION 5: PERSONAL INFORMATION**

# 5. Information about you and your relative/friend

In this section, we would like to know a little more about you both. This will help us to make better use of the information you have given us.

Q104.	What is your gender?					
	1	Male				
	2	Female				
	3	Other				
	4	Prefer not to say				
Q105.	How old are you?					
	1	18-29 years				
	2	30-39 years				
	3	40-49 years				
	4	50-59 years				
	5	60-69 years				
	6	70-79 years				
	7	80-89 years				
	8	90 + years				

Q106.		background?					
	(Tick <b>ONE</b> box only)						
	White:						
	1	Irish					
	2	Irish Traveller					
	3	Roma					
	4	Any other White background					
	Blac	Black or Black Irish:					
	5	African					
	6	Any other Black background					
	<u>Asia</u>	Asian or Asian Irish:					
	7	Chinese					
	8	Indian/Pakistani/Bangladeshi					
	9	Any other Asian background					
	Other, including mixed group/ background:						
	10	Arab					
	11	Mixed, please specify:					
	12	Other, please write your ethnic group here:					
Q107.	Your relative/friend was:						
	1	Male					
	2	Female					
	3	Other					
	4	Prefer not to say					

#### **SECTION 5: PERSONAL INFORMATION**

Q108.	Please indicate the ethnic background of the person who died:		Q109.	What age was your relative/friend when they died?		
	(Tick <b>ONE</b> box only)			(Pleas	(Please enter their age in numbers)	
	White:				years old	
	ı□ Irish				<del>-</del>	
	<sup>2</sup> □ Irish Traveller <sup>3</sup> □ Roma		Q110.		d the person who died have:	
				(Tick all that apply)		
	□ Any other White background			1	A medical card	
	Black or Black Irish:			2	A GP visit card	
	₅☐ African			3	Private health insurance	
	□ Any other Black background			4	None of the above	
	Asian or Asian Irish:			5	Don't know	
	¬□ Chinese					
	₃□ Indian/ Pakistani/ Bangladeshi					
	₃☐ Any other Asian background					
	Other, including mixed group/ background:					
	₁0□ Arab					
	<sup>11</sup> ☐ Mixed, please specify:					
	Other, please write their ethnic group here:					

If you would like to talk about your bereavement experience or discuss upsetting memories brought on by completing this questionnaire, please feel free to contact the Freephone HSE/Irish Hospice Foundation bereavement support freephone service on 1800 80 70 77 to talk to a bereavement support volunteer. The Freephone service is available from 10am to 1pm, Monday to Friday. You can also contact Samaritans 24 hours a day, 7 days a week on Freephone 116 123 or by emailing jo@samaritans.ie.

#### THANK YOU VERY MUCH FOR COMPLETING THE SURVEY

Please check that you have answered all of the questions that apply to you.

Please return this questionnaire in the Freepost envelope provided. No stamp is needed.



