



CARE IN THE HOME AFTER BIRTH

WHAT WOMEN SAID ABOUT THEIR EXPERIENCE OF MATERNITY CARE	LISTENING, RESPONDING & IMPROVING	TIMESCALE
<p>SUPPORT: Women said that they would like more support and help with feeding their baby after they have been discharged from hospital.</p> <p>HEALTH INFORMATION: Better access to health information on health and well-being including mental health.</p> <p>SOCIAL SUPPORT: Women said that they would like more information on social support networks.</p>	<p>Public Health Nurses (PHNs) in Galway/Mayo/Roscommon are working in partnership with the Nurture Programme to implement quality improvement initiatives to improve women's experience of care in the home after birth, including better infant feeding support for women in the postnatal period.</p> <ul style="list-style-type: none"> All child health PHNs are delivering the HSE National Healthy Childhood Programme. The child health programme has been updated to bring it in line with the most up to date evidence on child health screening, immunisations and child health reviews. By the end of 2020 all child health PHNs in Galway, Mayo and Roscommon: <ul style="list-style-type: none"> will be using the standardised national child health record for all babies in the region; will have completed the blended learning training programme that underpins their practice; will be using the new PHN Practice Manual to support their delivery of the programme. PHNs will participate in the breastfeeding programme developed by the HSE National Healthy Childhood Programme. Empowering parents through the provision of better health information is a key priority for the PHNs in Galway, Mayo and Roscommon. PHNs provide parents with the 'My Child: 0 to 2 years' book at the primary visit that occurs within 72-hours of discharge from the hospital. PHNs will promote mother and toddler groups for specific groups who need additional or local supports. 	<p>Work commences 1st October 2020 and ongoing</p>
<p>PERINATAL MENTAL HEALTH: Promote, support and improve perinatal mental health.</p>	<p>In promoting supporting and improving perinatal mental health care for women the PHNs in CHO 2 Galway/Mayo/Roscommon will:</p> <ul style="list-style-type: none"> be familiar with the care pathways as outlined for women with moderate to severe mental illness as set out in the Specialist Perinatal Mental Health Model of Care for Ireland 2017; be familiar with the specialist perinatal mental health app; inform women of the Mental Health and Pregnancy Health Information Leaflets as appropriate; work collaboratively with maternity services with regards to training on perinatal mental health; complete the HSEland module on Infant Mental Health; and work collaboratively with local maternity services in identifying mothers who would benefit from debriefing service post-birth of their babies. <p>WHAT THIS MEANS FOR WOMEN</p> <ul style="list-style-type: none"> The role of all PHNs and midwives in supporting women to breastfeed will be actively promoted, to increase support for women with breastfeeding in the home Health information will be provided to women about local feeding support groups available to them in the community. Women will receive information from their PHN about health and well-being after birth including the mental health changes that occur in the postnatal phase Women will receive the 'My Child: 0 to 2 years' book, which will be actively promoted as part of the suite of health information provided to parents of children 0 to 5 years. 	<p>Work commences 1st October 2020 and ongoing</p>



OVERALL EXPERIENCE

WHAT WOMEN SAID ABOUT THEIR EXPERIENCE OF MATERNITY CARE	LISTENING, RESPONDING & IMPROVING	TIMESCALE
<p>QUALITY IMPROVEMENT INITIATIVES: Women said that being treated with dignity and respect impacts on their experience of care.</p> <p>Community Health Care Services in Galway, Roscommon and Mayo are implementing quality improvement initiatives to improve women's overall experience of maternity care including a continued focus on:</p> <ul style="list-style-type: none"> • Promoting dignity and respect for all. • Organisational culture. • Advocacy for Women in Maternity Care. 	<p>The Public Health Nursing Service in Galway, Mayo and Roscommon: Service is implementing quality improvement initiatives to improve women's overall experience of maternity care.</p> <ul style="list-style-type: none"> • A communications plan, profiling how services responded to the findings of the National Maternity Experience Survey 2020 will be promoted at local level. Women will be encouraged to give feedback on an ongoing basis. • The findings of the National Maternity Experience Survey 2020 and in particular the feedback received about services will be shared with all PHNs working across community care to share learning and to raise awareness of what matters to women who use our services. • The new independent Patient Advocacy Service will be promoted and women will be informed of the support available to them through the PAS, should they wish to make a complaint or address an advocacy-related issue about their maternity care. <p>WHAT THIS MEANS FOR WOMEN</p> <ul style="list-style-type: none"> • Women will be provided with better information about how to provide feedback about their experience. • Women will know about the new Independent Patient Advocacy Service and about how to make a complaint or a patient advocacy related issue. • Women will understand that their feedback makes a difference and that the PHN services are listening, responding and improving Maternity Care Services for Women. 	<p>Work commences 1st October 2020 and ongoing</p>