# MATERNITY CARE SURVEY



#### What is the survey about?

The National Maternity Experience Survey is a nationwide survey asking women who have recently given birth about the maternity care they received.

Please use this survey to provide feedback about your experience of maternity care. Should you wish to discuss your care with the Patient Advocacy Service which can provide information and support to patients who want to make a formal complaint to the HSE, please call 0818 293 003 or visit www.patientadvocacyservice.ie

### Why did I get this survey?

You got this survey because you have recently given birth and we would like to hear your feedback on your maternity care experience. Your feedback will help to improve the safety and quality of Ireland's maternity services.

#### Can I do the survey online?

Yes, please go to www.survey.yourexperience.ie to complete the survey online.

### Can I ask someone to help me fill in the survey?

Yes, you can ask someone to help you fill in the survey. You may also ask someone to fill in the survey on your behalf. However, please make sure that the answers given reflect your experience of care.

### **Completing the survey**

- For each question please clearly tick  $\overline{\vee}$  one box using a black or a blue pen.
- Please read the information in the boxes that accompany some of the questions as these provide important information to help you complete the questionnaire.
- Do not worry if you make a mistake; simply fill in the box  $\blacksquare$  and put a tick  $\square$  in the correct box.
- There is space under the Other Comments section for your comments. These open boxes are included to provide you with an opportunity to inform us about anything you feel is not covered at all or not adequately covered in the guestions posed in the survey.
- Please do not write your name or address anywhere on the questionnaire.
- The survey takes approximately 15 minutes to complete.

If you have any questions about the survey, please call our Freephone number on **1800 314 093** (Monday-Friday, 9am-5pm), visit **www.yourexperience.ie** or email us at **info@yourexperience.ie**.

To opt out of this survey, call the Freephone number on **1800 314 093** or go to our website **www.yourexperience.ie**.

Your answers will remain anonymous and confidential. Your feedback will not affect your future care in any way.

**Survey Code:** 

We're committed to excellence in healthcare







# **Stage 1 - Care while you were pregnant (Antenatal care)**

The following section asks about your experiences of care during your pregnancy.

Q1.	In your most recent pregnancy, did you give birth to							
	1	A single baby						
	2	Twins						
	3	Triplets, quads or more						
Q2.	Who	was the first health care professional you	saw when you thought you were pregnant?					
	1	GP / family doctor						
	2	Midwife						
	3	Other						
Q3.	Wer	e you offered a choice about the type of m	aternity care you would receive?					
	1	Yes	→ GO TO Q4.					
	2	I was not offered any choices	→ GO TO Q5.					
	3	I had no choices due to medical reasons	→ GO TO Q5.					
	4	Don't know or can't remember	→ GO TO Q5.					

# Q4. Which of the following choices were you offered? *Please tick all that apply*

1	Public care. Also known as combined care or shared care. Regular antenatal check-ups with midwives and/or obstetricians in the hospital and, in most cases, with your General Practitioner (GP). Labour and birth in the hospital. Postnatal care in a public ward in the hospital with subsequent postnatal check-ups in a community setting.
2	Consultant-led care private or semi-private. Antenatal check-ups with a private obstetrician (who you choose) with the option of sharing these with your GP as part of combined/shared care if you choose. Labour and birth in the hospital with care provided by your obstetrician/your obstetrician's team and hospital midwives. Postnatal care in a private or semi-private ward in the hospital with subsequent postnatal check-ups in a community setting.
3	DOMINO (Domiciliary In and Out). Antenatal check-ups with one midwife or a small team of midwives in the hospital or in a community setting, with the option of sharing these antenatal checks-ups with your GP as part of combined/shared care if you choose. Labour and birth in the hospital. Transfer home within 12-24 hours after birth. Postnatal care in a public ward in the hospital with subsequent postnatal check-ups in a community setting.
4	Midwifery-led care with birth in a midwifery-led unit (Cavan General and Our Lady of Lourdes Hospital Drogheda only). Antenatal check-ups with a midwife or a small team of midwives in a midwifery-led unit or in a community setting. Labour and birth in a midwifery-led unit. Postnatal care in a midwifery-led unit with subsequent postnatal check-ups in a community setting.
5	Community midwifery team care. Antenatal check-ups with a midwife or a small team of midwives in the hospital or in a community setting, with the option of sharing these antenatal check-ups with your GP as part of combined/shared care if you choose. Labour and birth in the hospital. Postnatal care in a public ward in the hospital with subsequent postnatal check-ups in a community setting.
6 <u> </u>	Home birth with hospital based or self-employed community midwives (SECM).  Antenatal check-ups at home or in a community setting with either a hospital-based or self- employed community midwife (who you choose). Labour and birth at home with care provided by a midwife. Postnatal care in a community setting.
7	Don't know or can't remember

Q5.	What type of maternity care did you have? Please tick one box only			Q7.	did ı	Are there any particular reasons you did not go to antenatal classes or courses? <i>Please tick all that apply</i>				
	1	☐ Public care			1					
	2	Consultant-led car semi-private		2	It was not my first baby  It was my first baby but I didn't					
	3	DOMINO (Domicili	•		з 🗌	want to go to classes  There were no available				
	4	Midwifery-led care midwifery led unit and Our Lady of Lo Drogheda only)		4	spaces/they were booked out I couldn't find classes that were right for me					
	5	Community midwi	fery team care		5	There were no classes near me				
		Home birth with h	ospital based or		6	I had other commitments				
	6	self-employed commidwives (SECM)	= -		7	Other				
	7	Care with a private home birth midwife with transfer to obstetric-led care for labour and birth  Don't know or can't remember		Q8.	Thinking about the care you received during your pregnancy, did you receive enough information about physical changes in your body?					
	8				1	Yes, definitely				
					2	Yes, to some extent				
Q6.		ng your pregnancy	=		3	No				
	offered any antenatal classes or courses?				4	I did not want or need this information				
	1	Yes, and I did them	→ GO TO Q8.		5	Don't know or can't remember				
	2	Yes, but I did not do them	<b>→</b> GO TO Q7.	Q9.		king about the care you received ng your pregnancy, did you receive				
	3	No	→ GO TO Q8.			ugh information about mental the changes that may occur?				
	4	Don't know or can't remember	→ GO TO Q8.		1 <u></u>	Yes, definitely				
					2	Yes, to some extent				
					3	No				
				4	I did not want or need this information					
					5	Don't know or can't remember				

Q10.	Thinking about the care you received during your pregnancy, did you receive enough information about nutrition during pregnancy?		Q13.	<i>duri</i> that	king about the care you received ing your pregnancy, did you feel you were involved in decisions ut your care?				
	1	Yes, definitely		1	Yes, always				
	2	Yes, to some extent		2	Yes, sometimes				
	3	No		3	No				
	4	I did not want or need this information		4	Don't know or can't remember				
	5	Don't know or can't remember	Q14.		king about the care you received ing your pregnancy, did you feel				
Q11.	Q11. Thinking about the care you received during your pregnancy, did you receive			that dign	you were treated with respect and ity?				
	enou	ugh information about giving up		1	Yes, always				
		king and other tobacco related lucts (e-cigarettes, vaping devices		2	Yes, sometimes				
	etc)?			3	No				
	1	Yes, definitely		4	Don't know or can't remember				
	2	Yes, to some extent							
	₃□ No		Q15.	Thinking about the care you received during your pregnancy, did you have					
	4	I did not want or need this information		conf	confidence and trust in the health car professionals treating/caring for you?				
	5	Don't know or can't remember		1	Yes, always				
Q12.	Thin	king about the care you received		2	Yes, sometimes				
QIL.	duri	ng your pregnancy, did you receive		3	No				
	of al	ugh information about the impact cohol and/or drug abuse on you your baby?		4	Don't know or can't remember				
	1	Yes, definitely	Q16.		king about the care you received				
	2	Yes, to some extent			ng your pregnancy, were your stions answered in a way that you				
	3	No		coul	d understand?				
	4	I did not want or need this information		1	Yes, always Yes, sometimes				
	5	Don't know or can't remember		₃ 🗌	No				
				4	I did not have any questions				
				5	Don't know or can't remember				
				۔	2 C.M.O. O. Gan Cremember				

Q17.	Thinking about the care you received during your pregnancy, did you have a health care professional that you could talk to about your worries and fears?		Q20.	Thinking about the care you received during your labour and birth, did you feel that you were involved in decisions about your care?					
	1			1	Yes, always				
	2	Yes, sometimes		2	Yes, sometimes				
	3	No		3	No				
	4	I had no worries or fears		4	Don't know or can't remember				
	5	Don't know or can't remember	Q21.	Thin	king about the care you received				
Stage 2 - Care during your labour and birth				you	ng your labour and birth, were r questions answered in a way that could understand?				
				1	Yes, always				
The fe	مانىدە ال	a costian calle about value		2	Yes, sometimes				
		g section asks about your of care <b>around the time of your</b>		3	No				
		birth of your baby. 'Birth' includes		4	I did not have any questions				
Dables	DOITI	vaginally or by caesarean.		5	Don't know or can't remember				
Q18.	Thinking about the birth of your baby, was your labour induced?		Q22.	Before you had any tests, procedures and treatments, were the benefits and risks explained to you in a way you could understand?					
	2	No		1	Yes, always				
	3	Don't know or can't remember		2	Yes, sometimes				
				3	No				
Q19.	Wha	t type of birth did you have?		4	Don't know or can't remember				
	1	A vaginal birth (no forceps or ventouse suction cup)	Q23.	Wer	e you (and/or your partner or				
	2	An assisted vaginal birth (e.g., with forceps or ventouse suction cup)	·	com prof	panion) left alone by health care essionals at a time when it worried Please tick all that apply				
	3	A planned caesarean birth		1	Yes, during early labour				
	4	An unplanned caesarean birth		2	Yes, during the later stages of labour				
				3	Yes, during the birth				
				4	Yes, shortly after the birth				
				5	No, not at all				

Q24.	prof to h	ou think your health care essionals did everything they could elp manage your pain during ur and birth?	Q27.	the health care professionals caring you during your labour and birth?						
	1	Yes, definitely		1	Yes, always					
	2	Yes, to some extent		2	Yes, sometimes					
	3	No		3	No					
	4	I did not need any help		4	Don't know or can't remember					
	5	Not relevant to my situation								
	6	Don't know or can't remember			- Care in hospital after the your baby					
Q25.	naked on your chest or tummy) with your baby shortly after the birth?                Yes		hospit The fo	t <i>al, ple</i> ollowi	n home birth and did not go to ease go to Question 37.  Ing section asks about your so of care in hospital after the birth					
	2	No	_							
	3	No, but this was not possible for medical reasons	Q28.	28. After your baby was born, did yo have the opportunity to ask ques						
	4	I did not want skin to skin contact with my baby		abo	ut your labour and the birth (often ed 'debriefing')?					
	5	Don't know or can't remember		1	Yes, definitely					
				2	Yes, to some extent					
Q26.		your partner and/or companion  Ived in your care during labour and		3	No					
	birth	as much as you wanted them to		4	I did not have any questions					
	be?			5	Don't know or can't remember					
	1	Yes								
	2	No	Q29.	-	ou needed assistance while you e in hospital after the birth, were					
	3	They did not want to be involved/ they could not be involved		you	able to get a health care essional to assist you when you					
	4	I did not want them to be involved		nee	needed it?					
	5	I did not have a		2	Yes, always Yes, sometimes					
	۰	partner/companion with me		3	No					
				4	I did not need any assistance					
			l	5	Don't know or can't remember					

Q30.	afte wer	r the birth of your baby while you e in hospital, did you feel that you	Q33.	hos	hospital, were you given information about your own physical recovery?					
	care	e involved in decisions about your ?		1	Yes, definitely					
	1	Yes, always		2	Yes, to some extent					
	2	Yes, sometimes		3	No					
	3	No No		4	No, but I did not need this information					
	4	Don't know or can't remember		5	Don't know or can't remember					
Q31.	afte were que	aking about the care you received or the birth of your baby while you e in hospital, did you feel that your stions were answered in a way that could understand?	Q34.	hos abo exp	ore you were discharged from pital, were you given information ut any changes you might erience with your mental health?					
	1	Yes, always		1	Yes, definitely					
	2	Yes, sometimes		2	Yes, to some extent					
	3	No		3	No					
	4	I did not have any questions		4	No, but I did not need this information					
	5	Don't know or can't remember		5	Don't know or can't remember					
Q32.	Q32. Thinking about the care you received after the birth of your baby while you were in hospital, did you have a health care professional that you could talk to about your worries and fears?				ore you were discharged from pital, were you told who to contact ou were worried about your health our baby's health after you left pital?					
	1	Yes, always		1	Yes					
	2	Yes, sometimes		2	No					
	3	No		3	Don't know or can't remember					
	4	I had no worries or fears								
	5	Don't know or can't remember	Q36.	hos	nking about the care you received <i>in</i> pital, did you feel that you were  nted with respect and dignity?					
				1	Yes, always					
				2	Yes, sometimes					
				3	No					
				4	Don't know or can't remember					

# Stage 4 – Specialised care for your baby

After birth some babies need specialist care, e.g. help with breathing, and are admitted to a neonatal unit. The following section asks about your experiences of care if your baby was admitted to a neonatal unit.

Q37.		owing the birth, di	•						
	1	Yes	→ GO TO Q38.						
	2	No	→ GO TO Q40.						
	3	Don't know or can't remember	→ GO TO Q40.						
Q38. While your baby was in the neonatal unit, did you receive enough emotional support from health care professionals?									
	1	Yes, always							
	2	Yes, sometimes							
	3	No							
	4	I did not want or need any emotional support							
	5	Don't know or ca	n't remember						
Q39.	ехре	rall, how would yo erience of the care ived in the neonat	your baby						
I had a	-	poor	I had a very <b>good</b> experience						
0 1	. 2	3 4 5 6	7 8 9 10						

# Stage 5 – Feeding your baby

The following section asks about your experiences of care in terms of **feeding your baby**.

Q40.	Did your health care professionals discuss with you the different options for feeding your baby? Please tick all that apply						
	1	Yes, during pregnancy					
	2	Yes, during labour or immediately after birth					
	3	Yes, after birth while in hospital					
	4	Yes, after birth while at home					
	5	No					
	6	I did not want or need discussion of different options					
	7	Don't know or can't remember					
Q41.	In the first few days after the birth, how was your baby fed? Please tick one box only						
		-					
		-					
	one	box only  Breast milk (or expressed breast					
	one	box only  Breast milk (or expressed breast milk) only  Both breast and formula (bottle)					
	one  1  2	box only  Breast milk (or expressed breast milk) only  Both breast and formula (bottle) milk					
Q42.	one  1	box only  Breast milk (or expressed breast milk) only  Both breast and formula (bottle) milk  Formula (bottle) milk only					
Q42.	one  1	Breast milk (or expressed breast milk) only  Both breast and formula (bottle) milk  Formula (bottle) milk only  Don't know or can't remember  The your decisions about how you ted to feed your baby respected by					
Q42.	one  1	Breast milk (or expressed breast milk) only  Both breast and formula (bottle) milk  Formula (bottle) milk only  Don't know or can't remember  re your decisions about how you ted to feed your baby respected by r health care professionals?					
Q42.	one  1  2  3  4  Wer wan you!  1  1	Breast milk (or expressed breast milk) only  Both breast and formula (bottle) milk  Formula (bottle) milk only  Don't know or can't remember  re your decisions about how you ted to feed your baby respected by r health care professionals?  Yes, always					

	Duri	ng your stay in hospital, did your	ы	Diffil of your baby								
	aded	health care professionals give you adequate support and encouragement with feeding your baby?  1 Yes, always		The following section asks about your experiences of care when you were visited at home or seen by a health care professional in the community after the birth of your baby.								
	2	Yes, sometimes			.,							
	3	No	Q45.	Who	When you were at home after the birth							
	4	I did not want or need support and encouragement		of y	your baby, if you contacted a health re professional were you given the							
	5	Don't know or can't remember		help	you needed?							
				1	Yes, always							
Q44.		ome after the birth of your baby,		2	Yes, sometimes							
	-	our health care professionals give adequate support and		3	☐ I did not need any help							
		ouragement with feeding your		4								
	baby			5								
	1	Yes, always										
	2	Yes, sometimes	Q46		e your baby's birth	=						
	3	No			visited at home by a public health nurse?							
	4	I did not want or need support and encouragement		1	Yes	→ GO TO Q47.						
	5	Don't know or can't remember		2	No	$\rightarrow$ GO TO Q50.						
				3	Not relevant to my situation	→ GO TO Q50.						
				4	Don't know or can't remember	→ GO TO Q50.						
			Q47.	pers	the public health n sonal circumstance en giving you advice	s into account						
				1	Yes, always							
				2	Yes, sometimes							
				3	No							
				4	Don't know or ca	n't remember						

Stage 6 - Care at home after the

Q43. If you had a home birth, please go to

Q44.

Q48.	Did you feel that your questions were answered by the public health nurse in a way that you could understand?  1 Yes, always 2 Yes, sometimes		Q51.	Thinking about the care you received at the postnatal check-up, around 6 weeks after the birth, did the GP or practice nurse/midwife spend enough time talking to you about your own physical health?						
	₃□ No			1	Yes, definitely					
	₄□ Id	id not have any questions		2	Yes, to some extent					
	₅□ Do	n't know or can't remember		3	No					
Q49.	Did you receive help and advice from the public health nurse about your baby's health and progress?			5	I have not had a postnatal check- up  Don't know or can't remember					
	ı□ Ye:	s, definitely	Q52.	Thin	king about the care you received					
	₂□ Ye	s, to some extent			at the postnatal check-up, did the GP or practice nurse/midwife spend					
	₃□ №			eno	enough time talking to you about your					
	₄□ Id	id not need any help		owr	wn mental health?					
	₅□ Don't know or can't remember			1	Yes, definitely					
				2	Yes, to some extent					
Q50.	<ul> <li>Did your baby receive a 2-week check- up with your General Practitioner (GP)?</li> </ul>			3	I have not had a postnatal check-					
	ı□ Ye:	S		5	Don't know or can't remember					
	2	, I did not know about the eck-up								
	ااو	, I knew about the check-up t did not attend	Q53.	ansv	Did you feel that your questions were answered by the GP or practice nurse/midwife in a way that you could					
	₄□ pro	ttended another health care ofessional for the 2-week eck-up		und	erstand? Yes, always					
		t relevant to my situation		2	Yes, sometimes					
		n't know or can't remember		3	No					
		Somewhat of can exemplify			I did not have any questions					
				5	Don't know or can't remember					

Q54.	. Since the birth of your baby, did you feel that you were adequately informed about vaccinations?		Q58.	Thinking about the care you received at home after the birth of your baby, did you feel that you were treated with respect and dignity?								
	1	Yes, definitely		1								
	2	Yes, to some extent		2			netin	nes				
	3	No		3	No	, 3011	icuii	103				
	4	No, but I did not need this information		4		ı't kr	ow (	or ca	n't re	emer	nber	
	5	Don't know or can't remember										
Q55.	mot	you use local support groups e.g. her and baby groups, feeding port groups, etc?	Sta	ge 7	– Ov	era	II Ca	ire				
	1	Yes	Q59.		king Ited t		-					/ou
	2	No			plain	_						
	3	Don't know or can't remember		whe	where to do so?							
				1	Yes							
Q56.		king about the care you received		2	No							
	at home after the birth of your baby, did you have confidence and trust in the health care professionals caring for you?			3			wisł comp		give f t	eedl	oack	or
	¹□ Yes, always		Q60.	Overall, how would you rate your experience of the care you and your								
	2	Yes, sometimes		bab	y rece	eived	dur	ing p	regn	ancy	,	
	3	No			ur an born		rth a	nd a	fter y	our	baby	/
	4	I had a				a very <b>poor</b> I had a very <b>good</b> ience experience						
Q57.	Thinking about the care you received at home after the birth of your baby, did you feel that you were involved in decisions about your health?		0 1		3	4	5	6	7	8	9	► 10 □
	1	Yes, always										
	2	Yes, sometimes										
	3	No										
	4	Don't know or can't remember										

# **Other Comments**

Please note that the comments you provide will be looked at in full by the National Care Experience Programme. We will remove any information that could identify you before publishing any of your feedback.

What was particularly good about your maternity care?						
Was there anything that could be improved?						
Were there any other important parts of your maternity care experience that are not covered by the questions in this survey?						

# Stage 8 – You and your household

The following questions will help us to describe the women taking part in the survey and to find out whether or not the care offered to women is the same regardless of their background or circumstances.

### Q64. What year were you born?

(Please write in)

e.g. 1 9 8 1



# Q65. How many babies have you given birth to before this pregnancy?

- ı□ None
- <sub>2</sub> 1 or 2
- ₃□ 3 or more

## Q66. What is your ethnic group?

	White:						
1	Irish						
2	Irish Traveller						
3	Roma						
4	Any other White background						
	Black or Black Irish:						
5	African						
6	Any other Black background						
	Asian or Asian Irish:						
7	Chinese						
8	Indian/ Pakistani/ Bangladeshi						
9	Any other Asian background						
	Other, including mixed group/background:						
10	Arabic						
11	Mixed, please specify						
12	Other, please write your ethnic						
12	group here:						

Q67.	Wha	at is your county of residence?									
	1	Carlow	8	Kerry	15	Louth	22	Tipperary			
	2	Cavan	9	Kildare	16	Mayo	23	Waterford			
	3	Clare	10	Kilkenny	17	Meath	24	Westmeath			
	4	Cork	11	Laois	18	Monaghan	25	Wexford			
	5	Donegal	12	Leitrim	19	Offaly	26	Wicklow			
	6	Dublin	13	Limerick	20	Roscommon					
	7	Galway	14	Longford	21	Sligo					
Q68.	8. Do you have any of the following on a long-term basis?  Please tick all that apply										
	1	Blindness or a serious vision impairment				Difficulty in dressing, bathing or getting around inside the home					
	2	Deafness or a serious hearing impairment				Difficulty in going outside home alone					
	3	A condition that substantially limits one or more basic physical activities			9	Difficulty in working or attending school/college					
	4	An intellectual disability				Difficulty in taking part in other activities					
	5	Difficulty in learning, remembering or concentrating  Mental health, psychological or emotional condition				Other disability, including chronic illness					
	6					None of the above					

### THANK YOU FOR YOUR HELP WITH THIS VERY IMPORTANT NATIONAL SURVEY